

## What our clients have said about us:

*"Very speedy referral. I felt really cared for. Thanks".*

*"The counsellor helped me feel stronger about returning to work after a long absence".*

*"When I first went I was very depressed and didn't feel I had a purpose in life. I talked about issues I had not talked about to any other person which was a great burden off my shoulders. I cannot praise the counsellor enough as I feel the counsellor possibly saved my life".*

*"I've no shame whatsoever in saying that I saw a counsellor. What worked for me was this organisation. The quality of service is extremely high and I owe many thanks to the counsellor who helped me immeasurably. If you need someone to talk to, call them up. They have lots of different people available to help if you need it, you'll be given the chance to talk with a counsellor who is appropriate for you. It takes courage to seek help, if you need it, it's there for you! Counselling Works I thank you!"*

*"Very very pleased with the services received. I felt I was matched up with the right counsellor for me".*

*"I believe that Counselling Works offers an exceptional service to people who need support at difficult times".*

## Some of our counsellors



### Offices:

#### **Milton Keynes 01908 263 800**

62 High Street Stony Stratford Milton Keynes MK11 1AQ

Company No: 4504404

Data Protection Registration No: Z8864541

Registered office:

62 High Street  
Stony Stratford  
Milton Keynes  
MK11 1AQ

Organisational member of BACP

Membership no:114349



Fast, affordable help  
when you need it.



Phone us to talk about your requirements  
and we will find you a suitable  
Counsellor/Psychotherapist

01908 263 800

Email:

[enquiries@counsellingworks.co.uk](mailto:enquiries@counsellingworks.co.uk)

[www.counsellingworks.co.uk](http://www.counsellingworks.co.uk)

## Frequently asked questions:

*How much does it cost to see one of your counsellors?*

**At Counselling Works sessions can cost from £35 - £70 a session. This depends on level of experience of the counsellor and includes evening and weekend rate.**

*How long is a session?*

**One hour.**

*How often do I need to come for counselling?*

**Once a week is what most people choose.**

*I work shifts so can't attend sessions on the same day each week. Can you accommodate this?*

**At Counselling Works we can accommodate times and days to suit most needs.**

*How many sessions am I likely to need?*

**On average people come for between 6 & 8 sessions. It may take longer for more complex issues.**

*How do you allocate a counsellor to me?*

**Angela will spend some time on the phone with you and match you to the most appropriate counsellor, according to your needs.**

*How quickly can you offer counselling?*

**At Counselling Works we do not have waiting lists.**

**We can usually place you with a counsellor within a few days.**

*How experienced are your couples counsellors?*

**We think it is important that you see a trained, experienced couples counsellor, so we use counsellors eligible for BACP accreditation who have had additional training for this work.**



At  Counselling Works Ltd® no problem is too big or too small

## Reasons for choosing us:

- No waiting lists
- Flexibility with appointment times
- General and specialist help for individuals, couples and children. It's a personal service tailored to meet your needs
- Fees to suit your income
- Phone answered by one of our team weekdays 08:30hrs till 18:00hrs. Out of hours a message can be left.
- Strict confidentiality maintained at all times
- Organisational member of BACP

Call us to arrange an appointment on

**01908 263 800 Milton Keynes**

or email: [enquiries@counsellingworks.co.uk](mailto:enquiries@counsellingworks.co.uk)

or go to: [www.counsellingworks.co.uk](http://www.counsellingworks.co.uk) and fill in an online form

***At Counselling Works we have counsellors with a range of experience and specialties, anything from newly qualified counsellors up to senior accredited level. We have counsellors who work with children and adults. Their experience includes autism, drugs, alcohol, relationships, trauma, OCD, bereavement, anxiety, stress, depression, gender, difficulties in childhood, and much more.***

## The service we offer

Currently we have 12 counsellors and psychotherapists so we are likely to have a counsellor who is just right for you. Contact us to discuss your needs. When we have understood them we will contact a suitable counsellor for you. Counselling will normally start within 7 days. We have premises in Stony Stratford. In addition counselling by telephone, FaceTime or Skype is also available.

## Cost

The range is from £35 to £70 according to training and experience of the counsellor/ psychotherapist. There is a one-off administration fee of £12, which is collected by debit card along with the first session fee before counselling starts.

## To reassure you:

Counsellors are required to be in Clinical Supervision, subject to an enforceable code of ethics and to have professional indemnity insurance.

We are registered under the Data Protection Act.